



ADVANSYS

ADVANSYS (INDIA) PRIVATE LIMITED

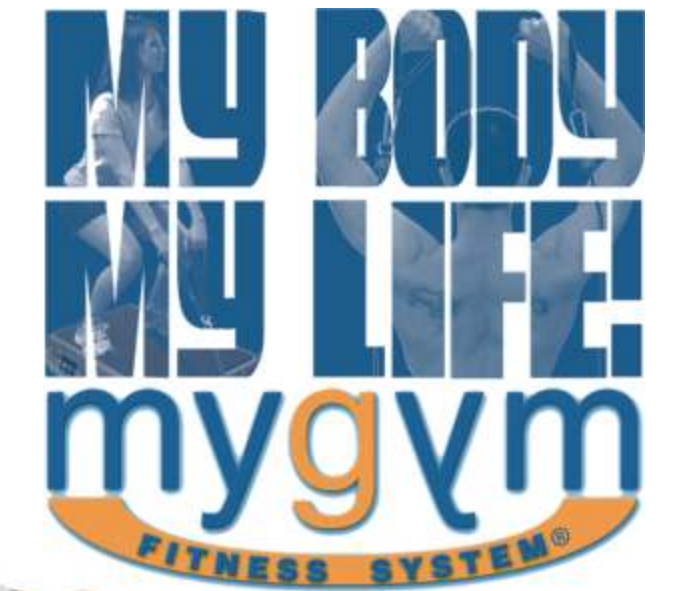
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Mygym LLC

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Launch BodyWave™
exercise methodology,
recommended and use by
clubs and fitness professionals,
in fitness classes.



Total Body Conditioning System
For Clubs, Fitness Professionals,
Group Classes, and
Individual Users



A Powerful Team!

- All Fitness Levels Men & Women
- Anaerobic & Aerobic Simultaneously
- Creative Freedom Multiple Formats
- Quick change of Resistance
- Unlimited Exercises
- Use own Music
- No-Choreographed
- BodyWave Certificate and Training

Trainers now have the ability to maximize their income with group training and uninterrupted circuits. One piece of equipment that offers individual adaptability, core focus and full range of motion. MyGym allows unlimited workouts while training client's anaerobic and aerobic systems with reduced risk of injury.

Members in Group Fitness classes want: rapid results in weight loss, shaping and toning. Instructors make the experience innovative and fun with total body conditioning that is challenging, progressive and easy to follow.

Club owners enjoy a major impact with minimum investment for the club, and no on going licensing fees. When members achieve rapid results they not only refer new members but also retain their memberships. New club programs can increase rev-enues by offering weight loss and group training income.

